

Press Release

24 Hours Wellbeing and Mental Health Support for Care Workers

The [National Association of Care and Support Workers](#) (NACAS), the recognised professional membership association for the Care Workforce has partnered with [Tlero](#) the well-being platform to provide ongoing wellbeing and mental health support to NACAS members.



This agreement which comes into effect from 1st November 2018 will give [NACAS](#) members access to ongoing confidential, tailored wellbeing support whenever needed. The [Tlero](#) platform allows users to access videos, blogs, professional support and services and many more.

Speaking on the partnership, NACAS Chair and Co-Founder [Mohammed Gbadamosi](#) said;

'Care Work is an emotional job, [61.9% of people working in care](#) believe that their work has had a negative impact on their mental health. We recommend that employers have a Wellbeing policy in place for their workers, but we at NACAS recognise the need for more ongoing practical support for our members and that is what this partnership will offer our members.'

[Tlero](#) on their part, stated they are ***'delighted to be working with care workers to access ongoing support for their Mental health and wellbeing. Care workers are the unsung heroes of our time and deserve more respect and recognition for the work they do'***.

NACAS remains the only recognised professional membership association for the care workforce, this partnership adds to the benefits of joining the association which already include access to peer to peer support, professional recognition, a voice on national issues, discounted

training, several discounted lifestyle services, employment support through a partnership with [Community Union](#).

Click [here](#) to join NACAS.